



## AlignSTL 2019 Resources

Through a series of breakfast events in the spring of 2019, AlignSTL took a closer look at each of the pillars established by Ready by 21 and highlighted vetted community organizations with access to quality supports for students. These events gave participants the opportunity to connect with educators and community leaders, ask questions and gain additional insight to regional resources.



### KINDERGARTEN READINESS

**IFF** has spent the past 13 months collaborating on the ground in St. Louis to analyze and understand the early childhood system from both a data perspective, but also through the eyes of parents, early childhood providers and community members. This [comprehensive study](#) documents the challenges and root causes, and more importantly, a set of recommendations.

**LEAP Ahead STL**, a project of **Vision for Children at Risk**, is engaging early childhood service providers in a developmental screening collaborative. In addition, they have launched an ASQ [screening portal](#) that can be used by parents and caregivers.

**Nine Network** and **PBS Kids** provide access to a wide [variety of resources](#) to support our youngest students, many that connect to shows children will be familiar with including Daniel Tiger's Neighborhood and Let's Go Luna.

**WEPOWER** launched it's Tomorrow Builder Fellowship to reimagine the early childhood system with those most impacted by it. Join the work by signing up for a [Solutions Team](#).



### SOCIAL AND EMOTIONAL SKILL DEVELOPMENT

**America's Promise Alliance** promotes the Whole School, Whole Child, Whole Community model with their #EverySchoolHealthy campaign through research and [resources](#) that can help schools build a holistically health community.

**Behavioral Health Response** provides [support](#) in connecting young people to mental and behavioral health resources. Anyone who cares about the well-being of a resident under the age of 19 can contact their dedicated hotline to seek support and a licensed clinician to provide immediate and follow up case management.

**East St. Louis School District 189** has created a Social Emotional Learning Specialist position within the district that provides support to classroom teachers in addressing student needs. Contact [Dr. Tiffany Gholson](#), Director of Parent and Student Support Services for additional information.

**Wyman's Teen Outreach Program (TOP)** empowers teens with the skills they need to avoid risky behavior and develop into healthy, thriving adults. Their [resources](#) include grants, curriculum and case studies.



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ACCESS  
TO HEALTH  
CARE

The **Healthy Schools Toolkit** was developed by [Health Equity Works](#), a research-based initiative in the Brown School at Washington University in St. Louis. The Healthy Schools Toolkit is a new resource designed to help educators build healthy schools from the inside out to ensure all students are healthy, safe, engaged, supported and challenged.

The [Healthy Schools Toolkit](#) is informed by research of two school districts in the St. Louis region to uncover how educators, embedded in school systems and armed with the right messages, can make school health an actionable priority. This toolkit was designed so that schools and districts can tailor it to meet their specific needs and choose which tools to use based on the resources and time available.

CAREER  
READINESS

**BluePrint 4 Careers** offers a free career [exploration guide](#) for training programs that can launch students into successful, high-demand skilled careers. RYEC members will provide presentations for teachers or students on this resource. Contact [Natalie Garzon](#) for additional information.

**Nine Network through American Graduate: Getting to Work** is highlighting the changing world of work, the pathways into well-paying, in-demand jobs and resources available to the St. Louis community. Nine Network has produced an online [web series](#) to raise awareness of the wide array of jobs and career paths available, in demand, and attainable after high school, with or without a college degree.

**St. Louis Community College** offers an array of accelerated [training programs](#) through the college's Workforce Solutions Group. These non-credit courses provide fast track, concentrated opportunities for individuals to skill up and enter in-demand jobs quickly – in anywhere from 5-34 weeks, depending on the selected program. Many of the programs are eligible for full funding. Students demonstrating need can take a big leap toward credentialing at no out-of-pocket cost to them.

**St. Louis Internship Program's (SLIP)** goal is to provide hope and opportunity for high school students in financial need through paid [summer internships](#), intensive employability training and year-round college and career planning, in partnership with businesses and community organizations, and to build the St. Louis community by developing motivated, well-trained and talented future employees.

**STL Youth Jobs** program includes a 1:1 career assessment, job readiness training, financial literacy training, access to a youth friendly checking/savings account, paid work experience and support from a job coach. Eligible youth must be 16-24 years old and must be residents of specific neighborhoods. [Application link](#) for summer jobs.



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**Focus St. Louis' [Youth Leadership St. Louis \(YLSL\) program](#)** informs, connects, prepares and empowers St. Louis area youth to become civic and community leaders.

**NCCJ St. Louis [Anytown Youth Leadership Institute](#)** is a 6-day, full immersion, residential program for high school youth interested in making their school and community environments more socially just.

**Project R.E.S.T.O.R.E. [program](#)** is for students from Hazelwood, Normandy and University City School Districts and consists of life skills training through peer mentoring, tutoring, after-school and summer programs through PAL, and training for school personnel.

**Ready by 21** created a [resource](#) for integrating youth voice into coalitions and an assessment to determine where the coalition stands on the spectrum.

**St. Louis Area Violence Prevention Commission** offers up to \$2,500 in [mini grants](#) to youth-led (between the ages of 15-25), neighborhood-based groups to address a community defined issue. Areas of focus may include youth leadership, artistic expression, neighborhood improvement, community and civic engagement, creating safe and fun spaces for youth, and supporting youth in developing life skills and good decision-making skills.

**WE Schools** is a year-long [service-learning program](#) that nurtures compassion in students and gives them the tools to create transformative social change.

**YWCA Metro St. Louis [Young Women's Leadership Academy and Summer Program for Girls](#)** provides an opportunity for girls ages 11-14 years to become more self-aware, build self-confidence, connect with girls in a safe, supportive, judgement free zone and become empowered to dream big.

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AlignSTL community is dedicated to collaboratively creating healthy students throughout the St. Louis area by building an on-going dialogue to explore the needs of our students, create awareness of local resources and foster collaboration and strategic partnerships.

AlignSTL is a collaborative partnership between EducationPlus and Ready by 21. For more information, please contact Sherri Kulpa, Director of Curriculum & Instruction of EducationPlus at [skulpa@edplus.org](mailto:skulpa@edplus.org) or Katie Kaufmann, Director of Ready by 21 at [katie.kaufmann@stl.unitedway.org](mailto:katie.kaufmann@stl.unitedway.org).



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